



Torn-Off Backpack Shoulder Strap Repair

This guide will show you how to reattach a torn-off shoulder strap to a backpack.

Written By: Emily



INTRODUCTION

Has the shoulder strap of your backpack ever ripped off while you were lugging around your textbooks and notebooks? Or maybe your one backpack strap couldn't handle the weight, so it just ripped off. This guide will show you how to reattach the torn off backpack shoulder strap with the simple [backstitch sewing technique](#). You'll be able to save time and money, because you won't have to send it in, nor will you have to buy a new backpack. Happy fixing!



TOOLS:

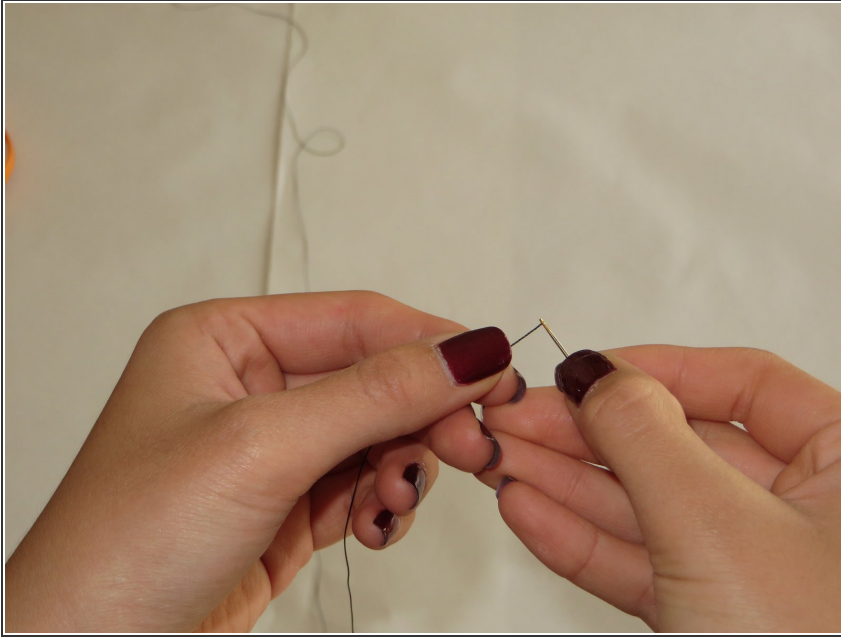
- [Needle](#) (1)
- [Utility Scissors](#) (1)



PARTS:

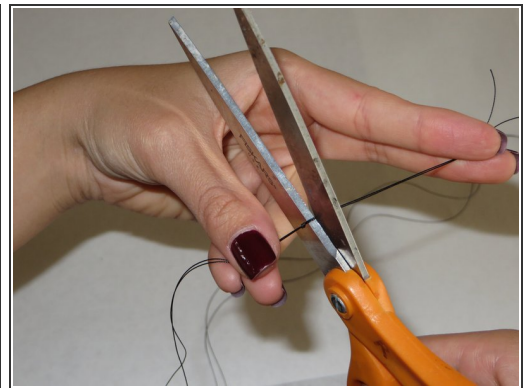
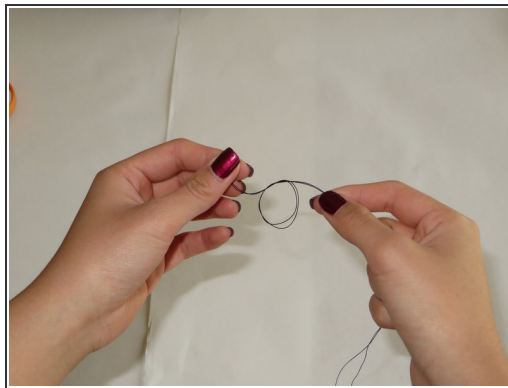
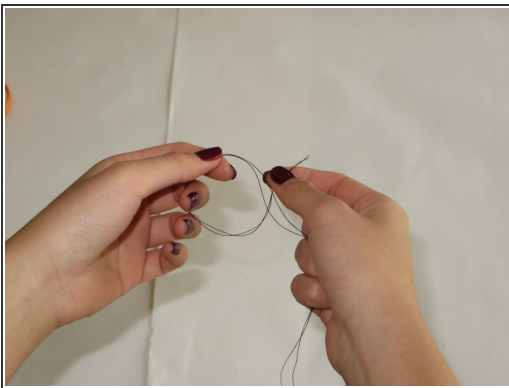
- [25 Inches of Upholstery Nylon Thread](#) (2)
- [2x5 Inches of Nylon Cloth](#) (1)
- [1 Yard of Upholstery Nylon Thread](#) (1)

Step 1 — Torn-Off Backpack Shoulder Strap Repair



- Thread the needle with the 0.7 yards of upholstery nylon thread.

Step 2



- Align the two ends of the thread, and tie a knot.
- Trim the extra thread off.

Step 3



- Trim the frayed edges and thread off of the backpack and shoulder strap.

Step 4



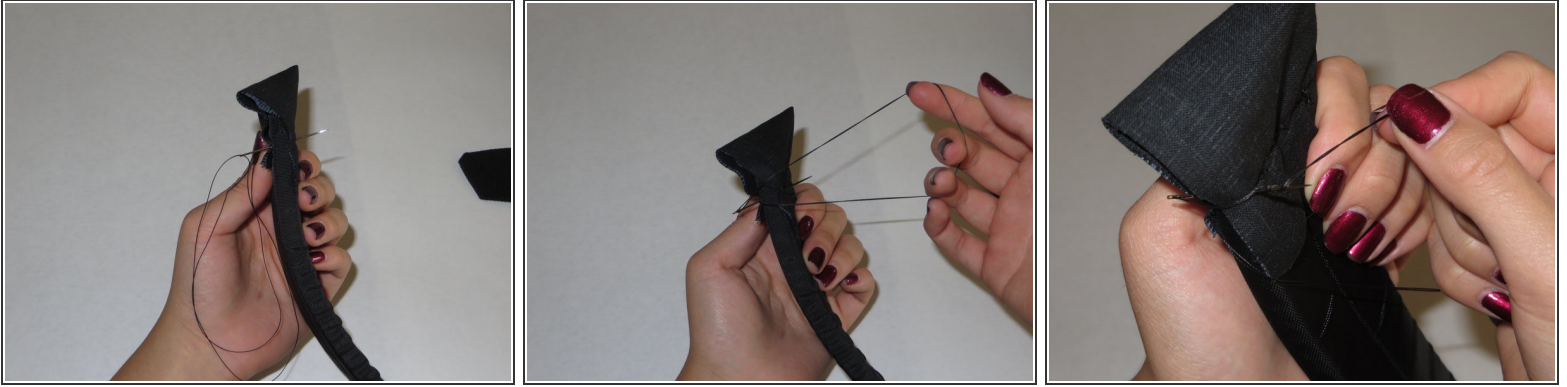
- Align the 2x5 nylon cloth with the torn off backpack strap.
- ⓘ Make sure that the nylon cloth is able to fold over the strap, and align up with the other end.

Step 5



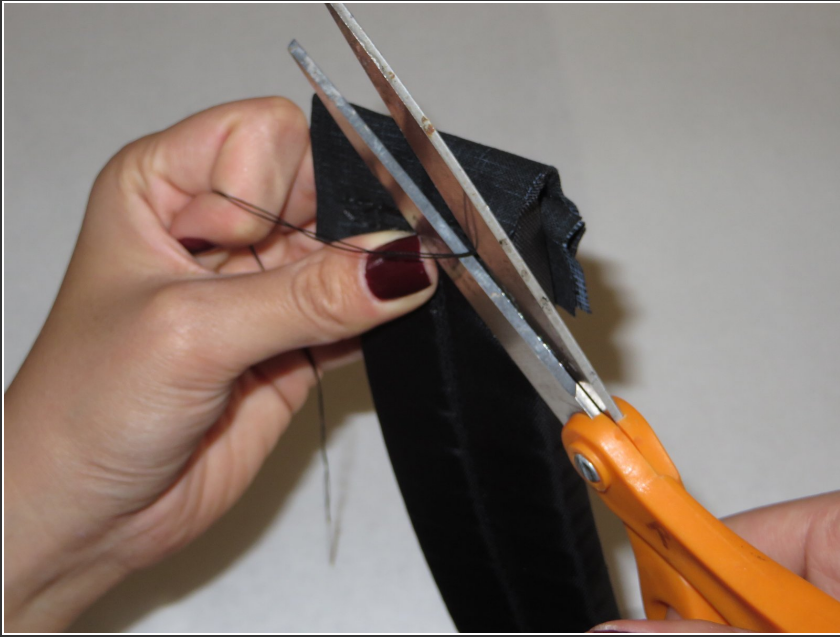
- Begin sewing across the handle with the [backstitching sewing technique](#).
- Make sure that the stitch goes all the way through the Nylon as you sew.
- ⓘ The second picture of this step did not satisfy the second part of this step.

Step 6



- To end the stitch, push the needle about halfway through.
 - Take the thread, and wrap it around the sharp side of the needle.
 - Pull the needle all the way through.
- ⓘ If the stitch did not go through both sides of the nylon, repeat steps 5 and 6 over on the other side. Remember to replace the thread by repeating steps 1 and 2.
- ⓘ If you want extra support, repeat steps 5 and 6 on the other side. Remember to replace the thread by repeating steps 1 and 2.

Step 7



- Cut the thread, and remove the thread from the needle.
- Repeat steps 1 and 2 with the 1 meter long thread.

Step 8



- Align the handle with the shoulder of the backpack.
- Secure the handle in place by applying pressure, and then begin sewing with the [backstitching sewing technique](#).
- ① When sewing, make sure to follow your thread and needle carefully. A misguided needle will lead to unwanted tangles.
- End the stitch by repeating step 6.

Step 9



- Trim off any frayed edges or loose string.

After preceding through all the steps, you should now have a durable, functional backpack! If parts of the strap begin ripping, you can repair the tear by applying the backstitching sewing technique anywhere!